

GLOBAL HEALTH & WELL BEING

Measuring
progress
towards the
United Nations
SUSTAINABLE
DEVELOPMENT
GOAL 3



WINTER SCHOOL

2 FEBRUARY 2023

NUTRITION AND LIFESTYLE FOR PREVENTION OF DISEASES



UNIVERSITÀ DI PAVIA



ANSISA

Associazione Nazionale Specialisti in Scienza dell'Alimentazione

PALAZZO VISTARINO
Sala della Musica

Via Sant'Ennodio, 26,
27100 Pavia

CONTACTS

rachele.degiuseppe@unipv.it
cristina.monti@unipv.it
anna.morandi@unipv.it

The event will be
also available online
at

[https://zoom.us/j/9291
4151238?pwd=ZGprM
IZoQytNKzJTbnlrK1l
PcG0vZz09](https://zoom.us/j/92914151238?pwd=ZGprMIZoQytNKzJTbnlrK1lPcG0vZz09)

ID: 929 1415 1238
Password: 676005

The event is supported by

**PIANO NAZIONALE DI RIPRESA
E RESILIENZA (PNRR) -
Missione 4, Componente 2 -
"Dalla ricerca all'impresa"
INVESTIMENTO 1.4 -
"Potenziamento strutture di
ricerca e creazione di
"campioni nazionali di R&S" su
alcune Key Enabling
Technologies
Finanziato dall'Unione europea
- NextGenerationEU**

And

ANSISA - <https://www.ansisa.it/>

PROGRAMME

9:00 – 9:15 **Registration**

9:15 - 9:30 **Welcome**

Hellas Cena (Pro Rector of third Mission, University of Pavia)
Cristina Montomoli (Head of the Department of Public Health,
Experimental and Forensic Medicine, University of Pavia)

9:30 – 10:45 **Biodiversity and health**

Rachele De Giuseppe (University of Pavia, National Biodiversity Future Centre)
and Hellas Cena (University of Pavia, National Biodiversity Future Centre)

10:45 - 11:15 *Coffee break*

11:15 – 12:30 **Nutrition during Covid-19 pandemic**

Hellas Cena (University of Pavia, National Biodiversity Future Centre)

12:30 – 13:00 **Discussion**

14:00 – 15:15 **Lifestyle and behavior to prevent Non-Communicable Diseases**

Ivana Kolčić (University of Split School of Medicine; Algebra University College,
Zagreb)

15:15 – 15:30 **Discussion**

15:30 – 16:00 *Coffee break*

16:00 – 17:15 **Sustainable healthy dietary patterns**

Leila Itani (Beirut Arab University)

17:15 – 17:30 **Discussion and conclusions**

Maria Cristina Monti (University of Pavia, National Biodiversity Future Centre)
Rachele De Giuseppe (University of Pavia, National Biodiversity Future Centre)

Scientific Committee

Maria Cristina Monti and **Rachele De Giuseppe** (Coordinators, University of Pavia, National Biodiversity Future Centre) - **Manuela Anelli** (University of Pavia), **Hellas Cena** (University of Pavia, National Biodiversity Future Centre), **Ottavia Ferraro** (University of Pavia), **Maddalena Gaeta** (University of Pavia), **Anna Morandi** (University of Pavia), **Cristina Montomoli** (University of Pavia), **Enrico Oddone** (University of Pavia, National Biodiversity Future Centre), **Anna Odone** (University of Pavia), **Roberta Perneti** (University of Pavia, National Biodiversity Future Centre), **Ioana Popa** (University of Pavia), **Mario Raviglione** (University of Milano), **Simona Villani** (University of Pavia)